

CARDIOLOGY PHYSICIANS, P.A.
A PROFESSIONAL ASSOCIATION
"For the Practice of Cardiology"

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Instructions for at home care: Pacemakers, ICD's and Loop recorders:

take gauze pad off when you get home

1. Keep incision site **DRY** and **CLEAN** for 10 days after procedure.
2. Let Steri-strips fall off naturally. **DO NOT** pull, pick or remove them.
3. **DO NOT** lift your arm above your head for two months.
4. **DO NOT** carry anything greater than 5 pounds for two months after surgery on your affected arm.
5. **DO NOT** support your own weight for two months after surgery on your affected arm.
6. **DO NOT** drive until after your first visit with the doctor after surgery.
7. Call the doctor for any redness, swelling, bleeding or discharge at incision site.
8. Any questions please call the nurse at 386-255-5331.